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## Post-Operative Wound Care Instructions

1. **Do not get the wound wet and keep the dressing as it is until your next appointment.** If your dressing starts to loosen just add tape. If your dressing falls off begin the steps below:
  - a. Cleanse wound with hydrogen peroxide using cotton swabs.
  - b. Dry wound with gauze and apply Polysporin® Ointment using cotton swabs.
  - c. Cover with non-stick pads or non-adhesive pads cut to size.
  - d. Then secure the dressing in place with paper tape.

Special Instructions: \_\_\_\_\_

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2. Take Tylenol® (acetaminophen) for any discomfort.
3. If any bleeding should occur, apply 20 minutes of constant pressure.  
If the situation persists, please call us immediately.
4. For several days after surgery, local swelling and drainage of clear or blood-tinged fluid from the wound may occur. If noticeable redness, swelling, pain and/or pus persist after 3 to 4 days, you may have an infection. Please do not hesitate to call us.
5. Avoid strenuous exercise or activities that could be harmful to the wound.

**\*NOTE** - Dr. Marcus can be reached 24 hours a day at the above telephone number, in the event of an emergency during the time following your surgical procedure.