

PATIENT INSTRUCTIONS PRIOR TO MOHS SURGERY

APPOINTMENT DATE: ____/____/____ @ ____:____AM

To Do List:

- From this point on, leave biopsy site open to the air. Do not apply any topical medication including antibiotic ointment, aldera, or Fluorouracil-type applications (eg. Efudex, Fluoroplex, or Carac) anywhere near the biopsy site.
- Stop Aspirin, Ecotrin, Ibuprofen (Motrin, Advil) 10 days before your procedure. Please check with your Internist or Cardiologist to make sure this is okay.
- If you informed our office that you take Coumadin, our office will call you with specific instructions in regards to continuing or stopping it. We will contact your Internist or Cardiologist for instructions first.
- Stop smoking
- Eat Breakfast, unless instructed otherwise
- Bring a sweater or light jacket (the office is cool). Bring a small blanket if needed. Inform any person coming with you to also be prepared.
- Bring a book, tablet, laptop or something else to keep yourself occupied. The office has wi-fi available. You will be in our office for 2-6 hours. We can't give you a better time estimate until we are mid way through your procedure.
- Wear a button down shirt if Dr. Marcus is treating anything above the waist.
- You should not wear any moisturizer, aftershave, sunscreen, makeup, or lipstick on the day of your procedure if your skin cancer is on your face.
- You will need to keep the surgical site dry after the surgery. Therefore, we recommend a thorough bath or shower (including shampoo) on the evening or morning of your surgery.
- If any prescriptions were given for the surgery, please fill them in advance. Follow the directions on the bottle carefully.
- Although not always necessary, you may want to have someone drive you to and from our office on the day of surgery.

Additional Information:

- Due to necessary follow-up care, please do not make any travel plans for two weeks after the surgery.
- Plan to avoid strenuous activity and physical exercise until your sutures are removed. This means no golf, tennis, swimming, walking (as a form of exercise), or any other activity that could cause you to sweat or increase your heart rate.
- You will leave our office with a bandage (not a band-aid). All post-operative care will be gone over on the day of surgery before you leave.

Special Instructions:

Jeffrey Marcus, MD, MPH, PA
7301 West Palmetto Park Road
Building 1/Suite 108A
Boca Raton, Florida 33433-3455
Phone: (561)368-4115 Fax (561)368-0215